1. What are your key findings from the running analysis and do they relate to this patient’s symptoms and injury history?
   * Bounce
   * Left arm swing
   * Left & right pelvic drop
   * Foot right pronation
2. Is there a role for Gait re-training for this patient, based on your findings? (Yes or No)
   * Yes
3. What are your goals for gait re-training to reduce their symptoms and injury risk?
   * Cadans
4. How can you achieve this goal in this runner?
   * Visuel feedbacck
5. What are the potential barriers and how would you assess them?
   * Duration of re-training